

# COUNTY PROFILE: Arlington County, Virginia

## US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (<http://vizhub.healthdata.org/subnational/usa>).

## FINDINGS: LIFE EXPECTANCY

Sex	Arlington County	Virginia	National	National rank	% change 1980-2014
Female	84.1	81.2	81.5	60	+6.6
Male	81.3	77.1	76.7	27	+12.1

life expectancy at birth (years), 2014

Fig. 1: Female life expectancy, 2014

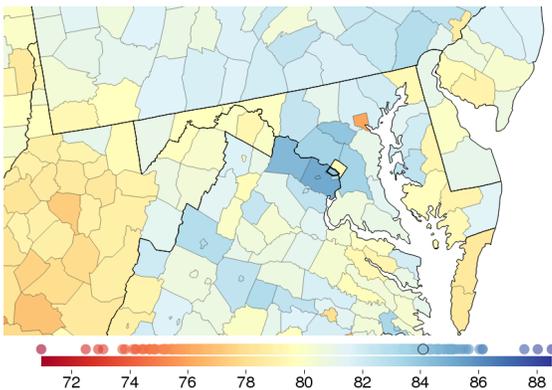
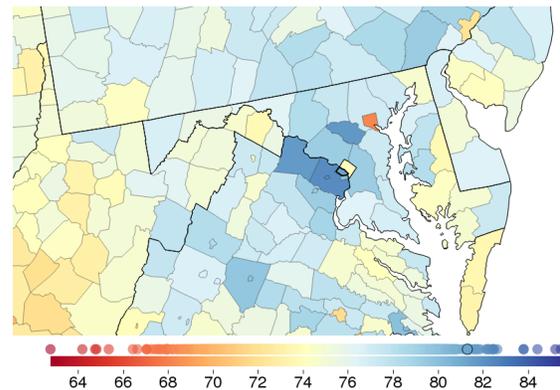


Fig. 2: Male life expectancy, 2014



## FINDINGS: ALL-CAUSE MORTALITY

Sex	Arlington County	Virginia	National	National rank	% change 1980-2014
Female	511.9	675.3	667.8	75	-36.0
Male	646.7	917.4	930.1	32	-51.2

rate per 100,000 population, age-standardized, 2014

Fig. 3: Female all-cause mortality, 2014

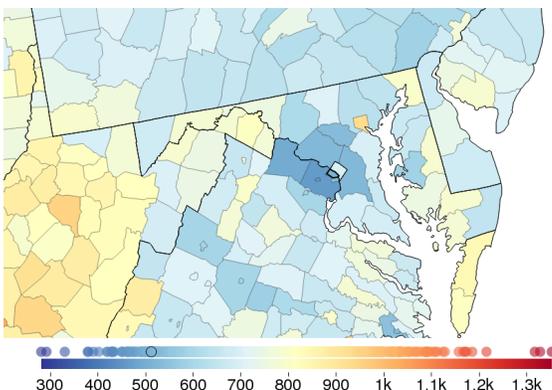
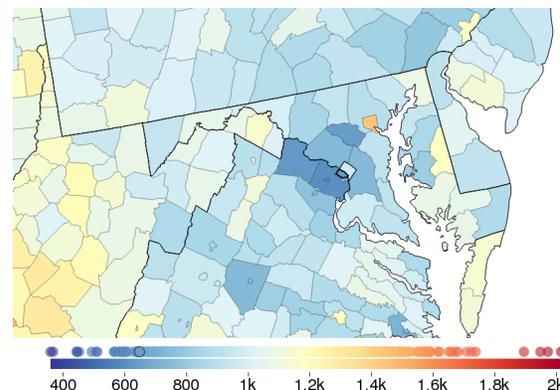


Fig. 4: Male all-cause mortality, 2014



## FINDINGS: ISCHEMIC HEART DISEASE

Sex	Arlington County	Virginia	National	National rank	% change 1980-2014
Female	80.8	113.7	124.9	155	-59.1
Male	112.1	172.6	191.5	48	-71.5

rate per 100,000 population, age-standardized, 2014

Fig. 5: Female ischemic heart disease, 2014

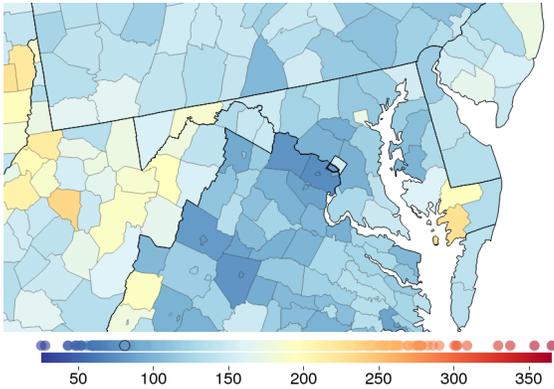
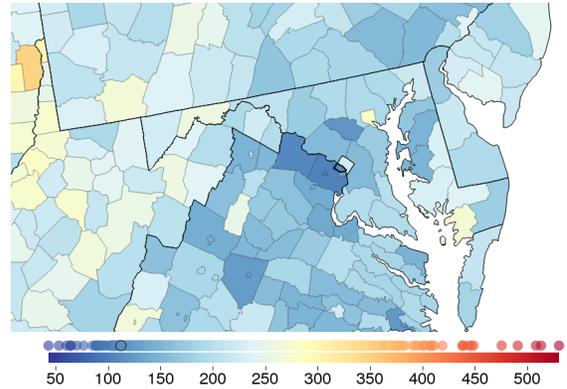


Fig. 6: Male ischemic heart disease, 2014



## FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

Sex	Arlington County	Virginia	National	National rank	% change 1980-2014
Female	44.7	51.3	47.4	787	-36.4
Male	38.8	52.9	48.8	243	-56.8

rate per 100,000 population, age-standardized, 2014

Fig. 7: Female cerebrovascular disease (stroke), 2014

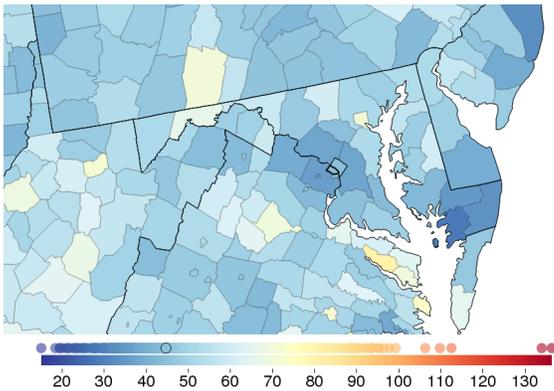
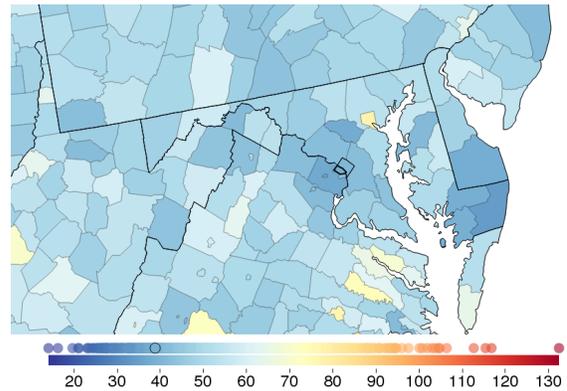


Fig. 8: Male cerebrovascular disease (stroke), 2014

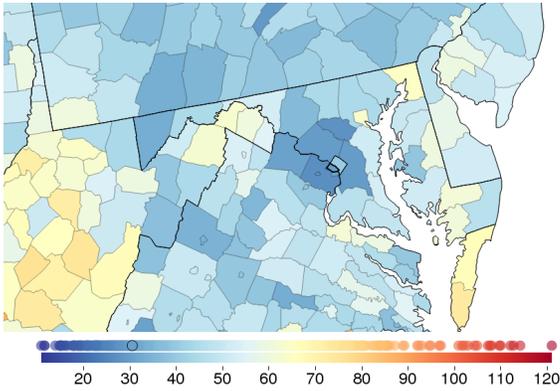


## FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

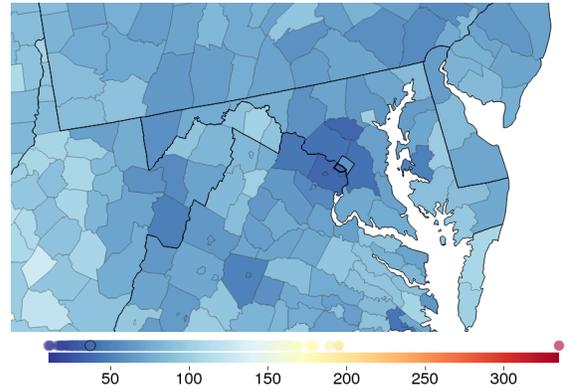
Sex	Arlington County	Virginia	National	National rank	% change 1980-2014
Female	30.5	44.7	43.8	226	-28.0
Male	37.1	70.4	67.6	80	-64.7

rate per 100,000 population, age-standardized, 2014

**Fig. 9: Female tracheal, bronchus, and lung cancer, 2014**



**Fig. 10: Male tracheal, bronchus, and lung cancer, 2014**

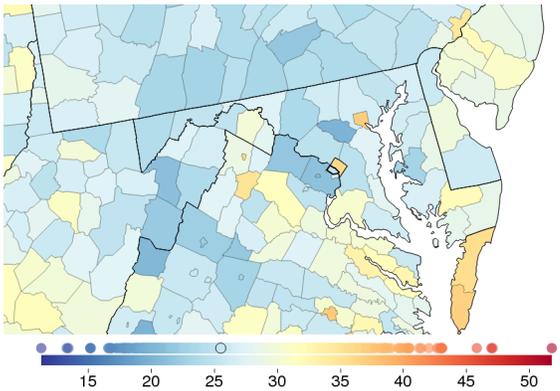


## FINDINGS: BREAST CANCER

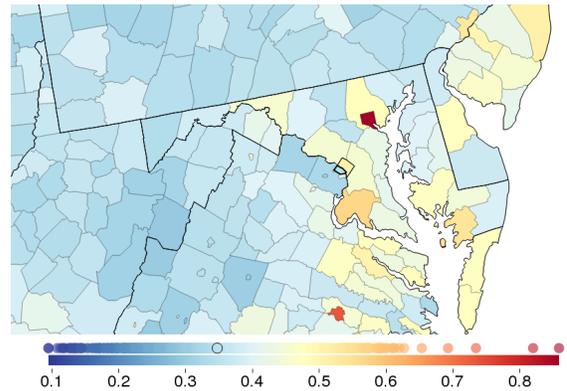
Sex	Arlington County	Virginia	National	National rank	% change 1980-2014
Female	25.5	27.6	25.9	1457	-33.5
Male	0.3	0.4	0.3	2190	-22.0

rate per 100,000 population, age-standardized, 2014

**Fig. 11: Female breast cancer, 2014**



**Fig. 12: Male breast cancer, 2014**



## FINDINGS: MALIGNANT SKIN MELANOMA

Sex	Arlington County	Virginia	National	National rank	% change 1980-2014
Female	1.7	2.0	1.9	524	+1.3
Male	3.5	4.6	4.5	258	-16.1

rate per 100,000 population, age-standardized, 2014

Fig. 13: Female malignant skin melanoma, 2014

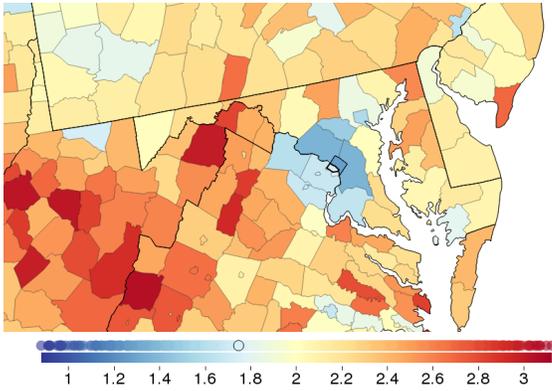
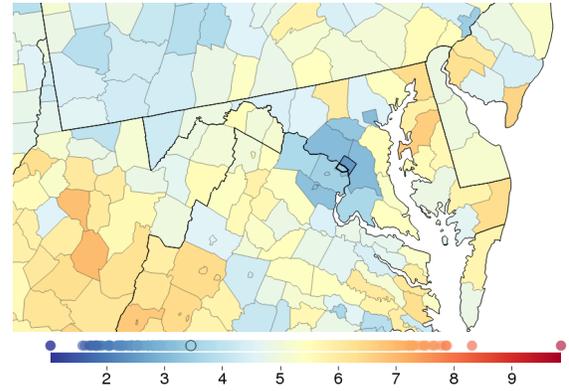


Fig. 14: Male malignant skin melanoma, 2014



## FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

Sex	Arlington County	Virginia	National	National rank	% change 1980-2014
Female	35.0	52.5	49.6	191	+15.3
Male	44.7	64.8	63.8	176	+0.6

rate per 100,000 population, age-standardized, 2014

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

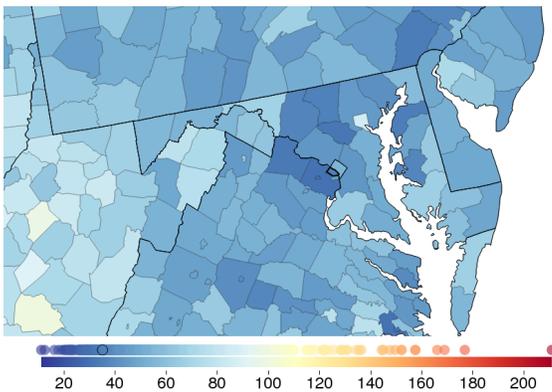
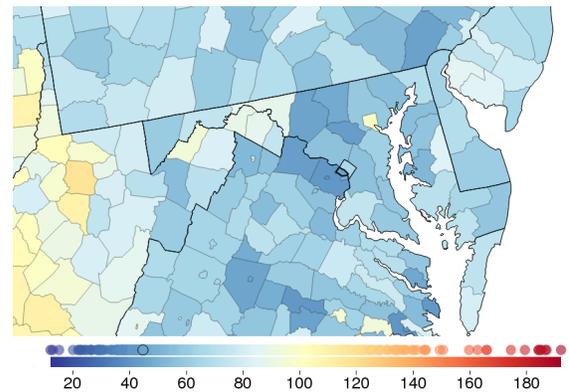


Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014



## FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

Sex	Arlington County	Virginia	National	National rank	% change 1980-2014
Female	5.5	8.6	9.0	99	-55.0
Male	15.9	28.5	30.9	22	-50.1

rate per 100,000 population, age-standardized, 2014

Fig. 17: Female self-harm and interpersonal violence mortality, 2014

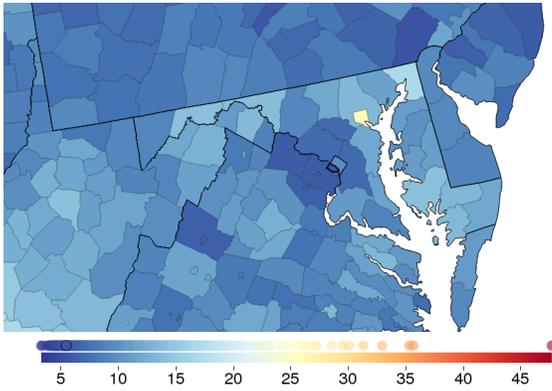
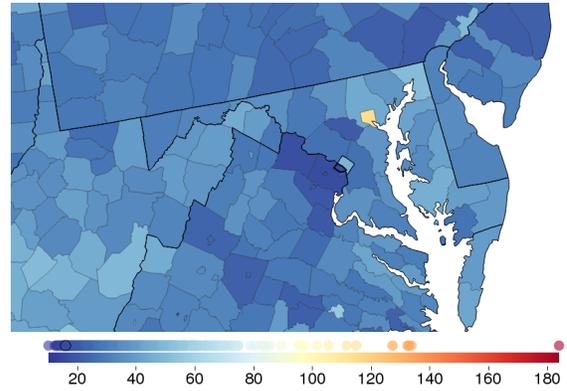


Fig. 18: Male self-harm and interpersonal violence mortality, 2014



## FINDINGS: TRANSPORT INJURIES MORTALITY

Sex	Arlington County	Virginia	National	National rank	% change 1980-2014
Female	2.9	6.9	8.1	4	-61.0
Male	7.8	17.3	19.8	5	-63.0

rate per 100,000 population, age-standardized, 2014

Fig. 19: Female transport injuries mortality, 2014

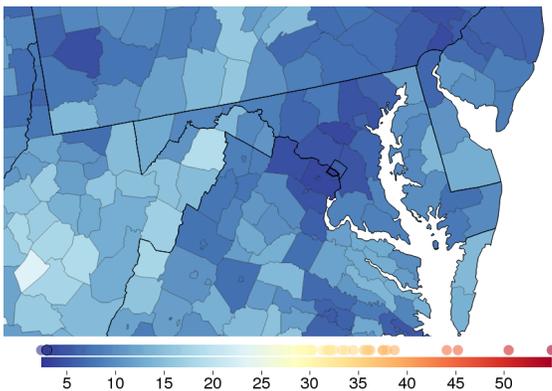
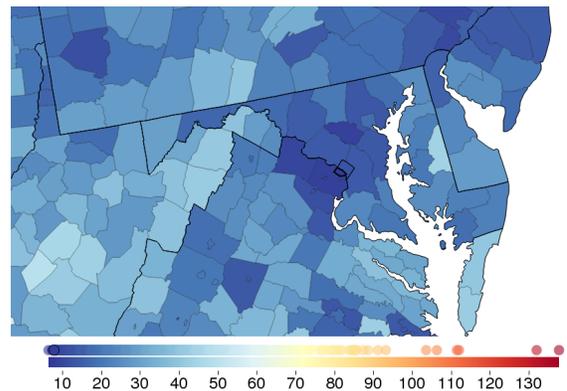


Fig. 20: Male transport injuries mortality, 2014



## FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

Sex	Arlington County	Virginia	National	National rank	% change 1980-2014
Female	2.8	5.8	8.2	55	+51.9
Male	7.9	13.7	18.7	264	+41.9

rate per 100,000 population, age-standardized, 2014

Fig. 21: Female mental and substance use disorders mortality, 2014

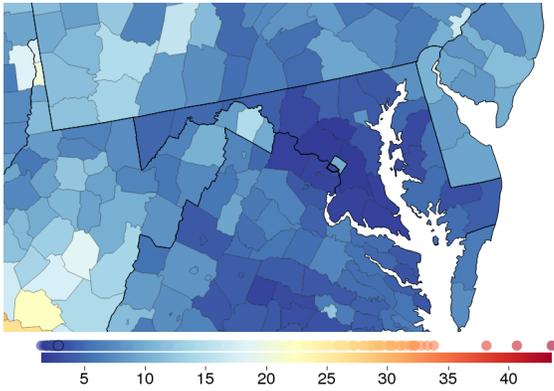
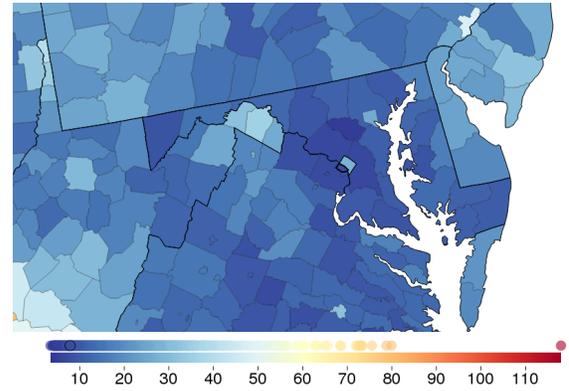


Fig. 22: Male mental and substance use disorders mortality, 2014



## FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

Sex	Arlington County	Virginia	National	National rank	% change 1980-2014
Female	6.2	10.8	11.8	18	-59.8
Male	11.5	19.7	22.2	82	-62.8

rate per 100,000 population, age-standardized, 2014

Fig. 23: Female cirrhosis and other chronic liver diseases mortality, 2014

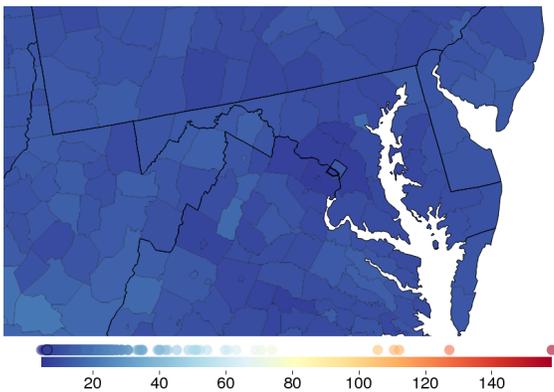
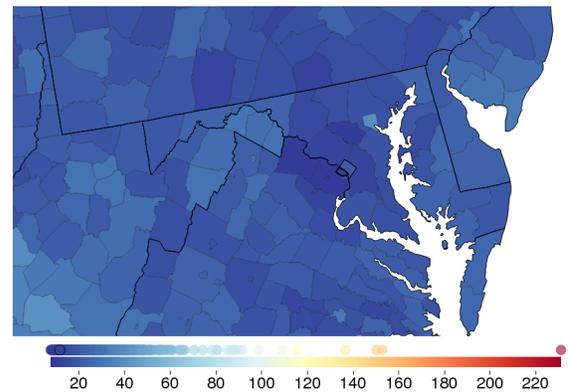


Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014

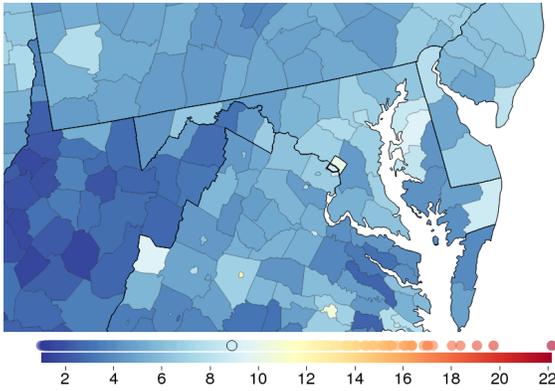


## FINDINGS: HEAVY DRINKING

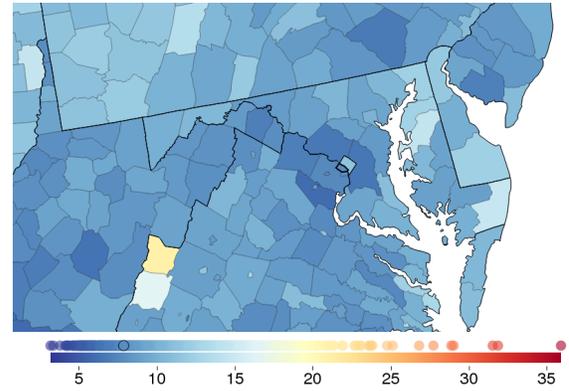
Sex	Arlington County	Virginia	National	National rank	% change 2005-2012
Female	8.9	6.0	6.7	2783	+31.7
Male	7.9	8.3	9.9	500	+26.9

prevalence (%), age-standardized, 2012

**Fig. 25: Female heavy drinking, 2012**



**Fig. 26: Male heavy drinking, 2012**

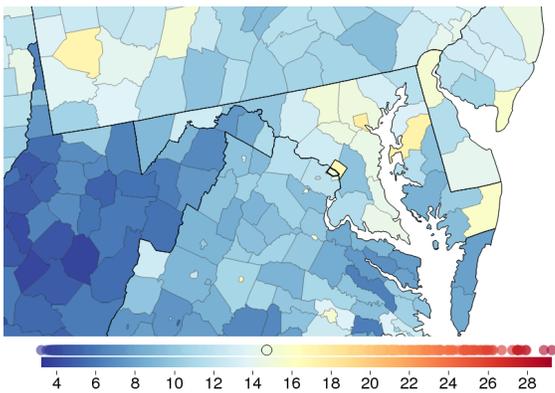


## FINDINGS: BINGE DRINKING

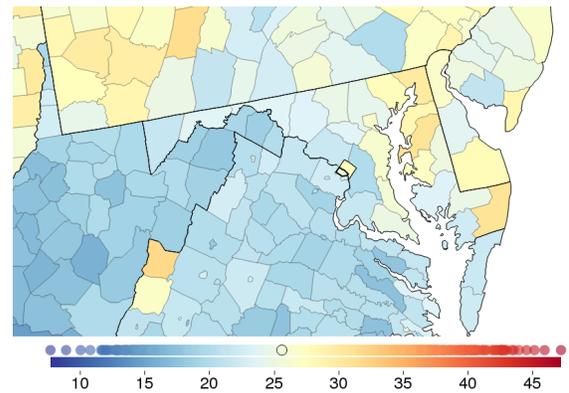
Sex	Arlington County	Virginia	National	National rank	% change 2002-2012
Female	14.7	11.0	12.4	2458	+18.5
Male	25.6	20.8	24.5	1824	+0.6

prevalence (%), age-standardized, 2012

**Fig. 27: Female binge drinking, 2012**



**Fig. 28: Male binge drinking, 2012**

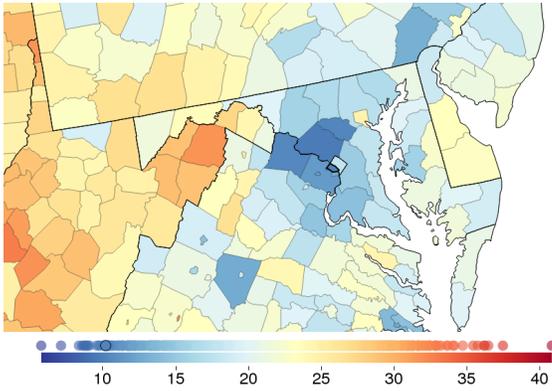


## FINDINGS: SMOKING

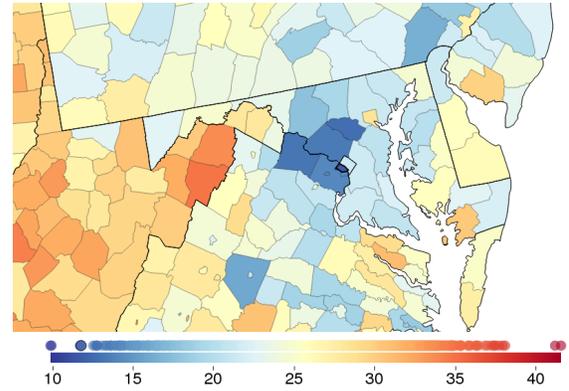
Sex	Arlington County	Virginia	National	National rank	% change 1996-2012
Female	10.2	17.7	17.9	19	-32.2
Male	11.8	21.4	22.2	5	-40.4

prevalence (%), age-standardized, 2012

**Fig. 29: Female smoking, 2012**



**Fig. 30: Male smoking, 2012**

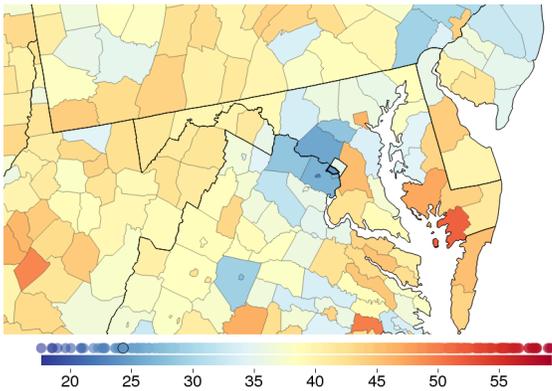


## FINDINGS: OBESITY

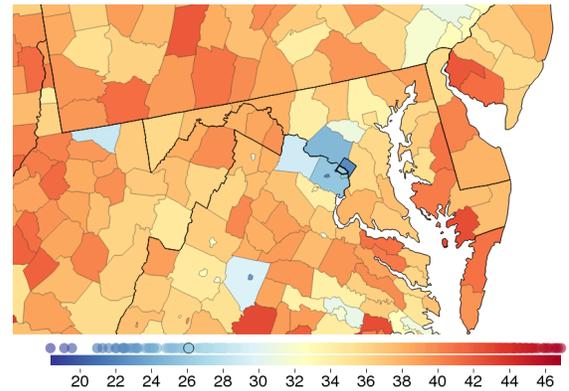
Sex	Arlington County	Virginia	National	National rank	% change 2001-2011
Female	24.3	36.2	36.1	25	+27.1
Male	26.1	33.7	33.8	39	+46.6

prevalence (%), age-standardized, 2011

**Fig. 31: Female obesity, 2011**



**Fig. 32: Male obesity, 2011**

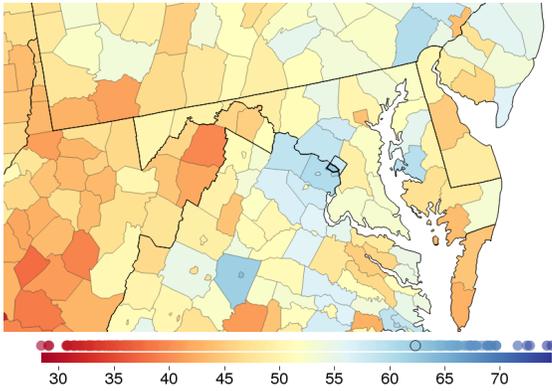


## FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

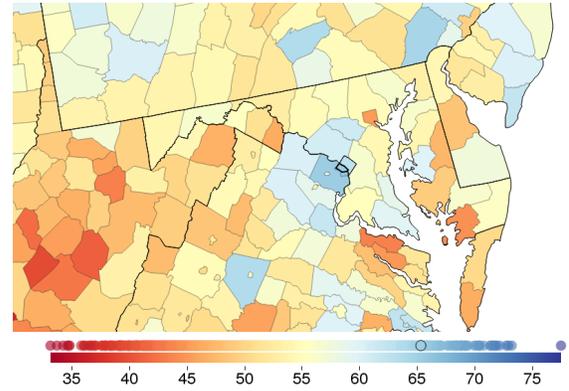
Sex	Arlington County	Virginia	National	National rank	% change 2001-2011
Female	62.3	53.6	52.6	114	+6.9
Male	65.3	56.4	56.3	78	-3.7

prevalence (%), age-standardized, 2011

**Fig. 33: Female recommended physical activity, 2011**



**Fig. 34: Male recommended physical activity, 2011**



### CITATION:

Institute for Health Metrics and Evaluation (IHME),  
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